



North Haledon School District

Memorial & High Mountain School Health Office Memo:

September 2023

Dear Parent/Guardian:

Welcome back!! We hope everyone is safe and found some time to relax this summer. As we begin a new school year, we want to remind families of a few health office mandates & reminders;

- If your child is going to be absent from school, please notify the main office/nurse. As stated in North Haledon District Policy 5200, the parent or legal guardian is requested to call the school office before 8:45 AM the morning of the pupil's absence. If your child is absent for more than three consecutive days, a physician's note is required to document the illness.
- If your child is absent with a communicable disease, the nurse **MUST** be notified (ex. Influenza (Flu), Varicella (Chickenpox), Pertussis, Meningococcal Disease, and COVID-19. In addition, Contagious illnesses such as Strep Throat, Coxsackie, Conjunctivitis, Fifth's Disease must be reported to the nurse.
- If your child is suspected of having Strep Throat, he/she is to be excluded from school, until the 24-hour throat culture results are received. If your child is diagnosed with strep, he/she is to be excluded from school until they have been on antibiotic therapy for twenty-four hours.
- Any child who vomits needs to be excluded for 24 hours before returning to school.
- If your child has a fever of 100.0 or higher, he/she must be fever free for 24 hours without Tylenol or Motrin, before returning to school.
- Please remember if your child needs to take medication while in school, (over the counter or prescription med), a Medication Authorization form is needed to be completed and signed by your physician along with parent signature.
<https://www.nhschools.net/domain/50>
- If your child has Pediculosis (Lice), he/she must be excluded from school. He/she must be "nit free" upon returning to school and must be re-examined by the School Nurse.

- **Grade 5** Updated Physical is required. Please send it to your school nurse by October 7, 2023.

- **Grade 6** State Immunization Requirements for the first day of school:
 1. **Tdap**
 2. **Meningococcal**-***Please note...This applies to students when they turn 11 years of age.*

Please return your child's updated immunizations with your doctor's signature to your school nurse by October 7, 2023.

If you have any questions, please feel free to contact us via email at dallen@nhschools.net, or lromeo@nhschools.net,

Sincerely,

Dena Allen, MEd, RN, CSN
Memorial School Nurse

Lori Romeo, BSN, RN, CSN
High Mountain School Nurse